Have a Great Day!

Bronx Academy of Promise

Breakfast Menu March 2025

Meal Includes:

Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Sausage, Egg & Cheese on an English Muffin Farina Hot Cereal w/ Pineapple Bits Fresh Fruit Non-fat & 1 % Milk	4 Blueberry Pancakes w/Maple Syrup Turkey Sausage Link Plain Bagel w/Cream Cheese Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	5 Turkey/Ham & Cheese Frittata Whole Wheat Toast Mixed Berry Parfait w/Fruit & Granola Fresh Fruit Non-fat & 1 % Milk	6 Hot Cream of Wheat Cereal w/Blueberries Breakfast Burrito w/ Egg & Turkey Sausage & Salsa in a Whole Wheat Tortilla Fresh Fruit Non-fat & 1 % Milk	7 Cheesy Scrambled Egg Home Fries Turkey Bacon Whole Wheat Toast Warm Apple Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk
10 Belgian Waffles w/Fresh Strawberries & Syrup Turkey Bacon Strip Sesame Seed Bagel w/Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	Seasoned Scrambled Egg w/Sausage Bits in a Pita Warm Corn Muffin Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	12 Texas Bread French Toast w/Syrup Turkey Sausage Link Toasted English Muffin W/a side of Fresh Strawberries Fresh Fruit Non-fat & 1 % Milk	13 Turkey/Ham, Egg & Cheese on a Hard Roll Hot Cream of Wheat Cereal w/Peaches Fresh Fruit Non-fat & 1 % Milk	14 Mixed Berry Parfait w/Fruit & Granola Grilled Cheese Sandwich on Whole Wheat Bread w/Hot Chocolate Fresh Fruit Non-fat & 1 % Milk
17 Shredded Fresh-Apple Pancakes w/Maple Syrup Turkey Sausage Link Hot Cream of Wheat Cereal w/Cinnamon & Shredded Apples Fresh Fruit Non-fat & 1 % Milk	18 Turkey/Ham & Cheese Omelet W. W. Croissant Plain Bagel w/Cream Cheese Warm Hard-boiled Egg Fresh Fruit Non-fat & 1 % Milk	19 Hot Cream of Wheat Cereal w/Cinnamon & Raisins Breakfast Burrito w/ Egg & Turkey Sausage & Salsa in a Whole Wheat Tortilla Fresh Fruit Non-fat & 1 % Milk	Texas Bread French Toast w/Syrup Turkey Sausage Link Toasted English Muffin W/a side of Fresh Strawberries Fresh Fruit Non-fat & 1 % Milk	Turkey/Ham, Egg & Cheese on a Hard Roll Blueberry & Pineapple Yogurt Parfait w/Granola Fresh Fruit Non-fat & 1 % Milk
24 Sunnyside Egg Maple Sausage Biscuit Sunbutter & Jelly Bagel Fresh Fruit Non-fat & 1 % Milk	25 Belgian Waffles w/Syrup Turkey Bacon Strip Everything Bagel w/Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	26 Turkey Bacon, Egg & Cheese on an English Muffin Blueberry Muffin Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	27 Scrambled Eggs Hash Brown Potatoes W. W. Biscuit Mixed Berry Parfait w/Fruit & Granola Fresh Fruit Non-fat & 1 % Milk	28 Banana Pancakes w/Maple Syrup Turkey Bacon Strip Sunbutter & Jelly Bagel Fresh Fruit Non-fat & 1% Milk
School Closed Eid al-Fitr	25			28

Have a Great Day!

Bronx Academy of Promise Lunch Menu March 2025



Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Twin Beef Sliders w/Rolls, American Cheese, Lettuce & Tomato Yucca Fries w/Dip Vegetarian Baked Beans Yellow Corn Cheese Steak Sandwich w/Onion & Peppers on W.W. Croissant Fresh Fruit Non-fat & 1% Milk	4 Salute to New Orleans Pollo Guisado – Chicken & Rice with Spanish-style Beans Garlic Glazed Green Beans Po-Boy Sandwich Crispy Chicken, Pickled Cole slaw & Spicy Mayo on a Toasted Club Roll Fresh Fruit Non-fat & 1 % Milk	5 Spaghetti Pasta w/Meat Sauce Broccoli Florets Garlic Knots Turkey Melt w/Cheddar Cheese a Pita Fresh Fruit Non-fat & 1 % Milk	6 Chicken & Cheese Quesadillas w/Flour Tortillas & Pico de Galo, Guacamole & Sour Cream Pink Beans Chicken Salad w/Lettuce & Tomato on a Hard Roll Chicken Tortilla Soup Fresh Fruit Non-fat & 1% Milk	7 Chicken (strips) & Waffles Carrot Sticks Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk
10 Fish Fillet w/Cheese on a Bun Corn on the Cob Hot Turkey, Turkey/Bacon & Swiss on a W.W. Ciabatta Roll Fresh Fruit Non-fat & 1% Milk	11 Chicken Stew w/White Rice & Sweet Plantains Broccoli Florets Spicy Chicken Sandwich w/Mozzarella & Avocado on a Hard Roll Chicken Noodle Soup Fresh Fruit Non-fat & 1% Milk	NY Chopped Cheese w/Peppers & Onions, L & T on a W.W. Club Roll French Fries Turkey/Ham & Cheese w/L & T on a Roll Fresh Fruit Non-fat & 1% Milk	13 Beef Corn Dog Puzzle Potatoes Cucumber Sticks Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk 11:30 AM Dismissal	14 ***Pi(π) Day*** * Meat Lover's Pizza * Veggie Pizza * Cheese Pizza Carrot Sticks w/Dip Turkey & Swiss Cheese w/Lettuce & Tomato on W.W. Bread Sandwich Fresh Fruit Non-fat& 1% Milk
17 Irish Favorites	18 <u>Mexican Favorites</u>	19	20 1st Day of Spring	21 **Wing Bay **
Shepard's Pie w/Beef, Potatoes, Peas & Carrots Sauteed Spinach Irish Rasher Sandwich w/Grilled Turkey/Bacon & Cheese, Mayo & Mustard on Whole Wheat Bread Fresh or Cupped Fruit Non-fat & 1% Milk	Deconstructed Taco Bowl w/Soft Tortilla, Ground Beef, Lettuce, Tomatoes, Black Beans & Sour Cream, Cheese, Guacamole, Salsa Mexican-style Rice Beef Salami & Provolone w/Lettuce & Tomato on W.W. Bread Fresh or Cupped Fruit Non-fat & 1 % Milk	BBQ Chicken Rice & Beans Garlic-glazed Green Beans Italian Sub Sandwich w/Turkey Breast, Beef Salami, Provolone Cheese, Lettuce & Tomato on a Club Roll Fresh Fruit Non-fat & 1 % Milk	Honey-glazed Chicken Legs Macaroni Cheese Corn on the Cob Smoked Chicken & Cheddar Cheese w/Spicy Mayo & L & T on a Roll Fresh Fruit Non-fat & 1 % Milk	Bone in and Boneless Chicken Wings Chili w/Fries Regular Fries Carrot & Celery Sticks w/Ranch Dressing Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk
24 Fish Fillet on a Bun w/Cheese Curley Fries Yellow Corn Cuban-style Sandwich w/Turkey/Ham, Swiss Cheese/Garlic-brushed Roll Fresh Fruit Non-fat & 1% Milk 31	Chopped Beef Bowl w/Cilantro Lime Rice, Corn, Tomatoes Avocado Shredded Lettuce & Diced Cucumbers Turkey/Ham & Cheese w/Lettuce & Tomato on a W.W. Croissant Fresh Fruit Non-fat & 1 % Milk	26 Homemade Alfredo Sauce over/Penee Pasta Grilled Chicken Strips Honey-glazed Roasted Carrots Garlic Bread Grilled Chicken Breast w/Mozzarella Cheese & Marinara Sauce/Hard Roll Fresh Fruit Non-fat & 1% Milk	Jerk Chicken Thighs Mashed Potatoes/Chives Yellow Corn Tuna Melt w/Carrot & Celery Sticks & Ranch Dip Fresh Fruit Non-fat & 1 % Milk	28 BBQ Chicken Pizza Cheese Pizza Carrot Sticks w/Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk
School Closed Eid al-Fitr				

Water available at every meal This institution is an equal opportunity provider