

Have a
Great Day!

Bronx Academy of Promise Breakfast Menu

October 2025 Meal Includes:
Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Scrambled Egg Homefries Sausage Link Toasted W.W. Bagel Hot Cream of Wheat Cereal w/Grated Apple & Cinnamon Fresh Fruit Non-fat & 1 % Milk	2 School Closed Yom Kippur	3 Belgian Waffles w/Syrup Turkey Bacon Strip Everything Bagel w/Cream Cheese Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk
6 Turkey Sausage Patty, Egg & Cheese on a Toasted English Muffin Warm Corn Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	7 Berry-stuffed Pancakes w/Maple Syrup Turkey Sausage Link Hot Cream of Wheat Cereal w/Sliced Bananas Fresh Fruit Non-fat & 1 % Milk	8 Scrambled Egg & Cheese Grits Fresh Berries Blueberry Scone w/Fresh Strawberries String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	9 Texas Bread French Toast w/Syrup Turkey Sausage Link Toasted English Muffin w/Fresh Strawberries Fresh Fruit Non-fat & 1 % Milk	10 Blueberry & Pineapple Yogurt Parfait /Granola Grilled Cheese Sandwich on a W. W. Croissant Fresh Fruit Non-fat & 1 % Milk
13 School Closed Indigenous People Day	14 Egg, Cheese & Turkey Bacon on a W.W. Biscuit Toasted Sesame Seed Bagel w/Cream Cheese Fresh Fruit Non-fat & 1 % Milk	15 Turkey/Ham & Cheese Frittata Home Fries W. W. Toast Blueberry Muffin Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	16 Banana Pancakes & Maple Syrup Turkey Sausage Link Hot Cream of Wheat Cereal w/Fresh Blueberries Fresh Fruit Non-fat & 1 % Milk	17 Egg, Cheese & Sausage Patty on a Toasted Bagel Cinnamon Raisin Bagel w/Cream Cheese Warm Hard-Boiled Egg Fresh Fruit Non-fat & 1 % Milk
20 School Closed Diwali	21 Sunnyside Egg Turkey/Bacon Strip W.W. Toast Melted American Cheese on a Warm W. W. Croissant & Hot Chocolate Fresh Fruit Non-fat & 1 % Milk	22 Texas Bread French Toast w/Syrup Turkey Sausage Link Toasted English Muffin w/Fresh Strawberries Fresh Fruit Non-fat & 1 % Milk	23 Cheesy Scrambled Eggs W.W. Biscuit Corn Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	24 Buttermilk Pancakes w/Syrup Turkey Bacon Toasted English Muffin w/Fresh Strawberries Fresh Fruit Non-fat & 1 % Milk
27 Western Scrambled Egg w/Peppers & Mushrooms in a Pita Sesame Bagel w/Cream Cheese Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	28 Turkey/Bacon, Egg & Cheese on a Hard Roll Blueberry Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	29 Hot Cream of Wheat Cereal w/Grated Apple & Cinnamon Mixed Berry Yogurt Parfait w/ Granola Fresh Fruit Non-fat & 1 % Milk	30 Turkey/Sausage & Cheese Omelet W. W. Croissant Everything Bagel w/Cream Cheese Warm Hard-boiled Egg Fresh Fruit Non-fat & 1 % Milk	31 Belgian Waffles w/Boo berries & Syrup Turkey Sausage Patty Cinnamon Raisin Bagel w/Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk

Water available at every meal
This institution is an equal opportunity provider.

Bronx Academy of Promise Charter School

Lunch Menu

October 2025

Meal Includes:

Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Twin Beef Sliders on a Roll w/without & cheese French Fries Yellow Corn Turkey, Cheese Lettuce & Tomato on a W.W. Hard Roll Fresh Fruit Non-fat & 1 % Milk	2 School Closed Yom Kippur	3 Meat Lovers Pizza or Cheese Pizza Carrot Sticks w/Ranch Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk
6 All Beef Hot Dogs on a W.W. Roll Toppings: Shredded Cheese, Chopped Onions, Chili, Ketchup, Mustard, Relish Baked Beans Chicken Salad w/Lettuce & Tomato on a Ciabatta Roll Fresh Fruit Non-fat & 1 % Milk	7 Vegetable Beef Stew White Rice Sweet Plantains Turkey Melt w/Cheddar Cheese on W.W. Bread Fresh Fruit Non-fat & 1 % Milk	8 Penne Pasta w/Seasoned Ground Turkey & Tomato Crème Sauce Garlic Bread Sauteed Spinach Chicken Gyro in a Pita w/L & T w/Tzatziki Sauce Fresh Fruit Non-fat & 1 % Milk	9 Chicken Alfredo w/Grilled Chicken Strips Caesar Salad w/Dressing Garlic Italian Bread Italian Sub Sandwich on a W.W. Club Roll w/Turkey, Turkey Ham, Provolone Cheese, Lettuce & Tomato Fresh Fruit Non-fat & 1 % Milk	10 Chicken Strips with Waffles Carrot Sticks w/Dip Sun Butter and Jelly Sandwich/ W.W. Bread Fresh Fruit Non-fat & 1 % Milk 11:30 AM Early Dismissal
13 School Closed Indigenous People Day	14 Shredded Chicken Fajitas w/Onions & Peppers on a Warm Flour Tortilla Black Beans Mexican Style Rice Turkey/Ham & Cheese w/Lettuce & Tomato on a Hard Roll Fresh Fruit Non-fat & 1 % Milk	15 Jerk Chicken Thighs Mashed Potatoes/Chives Yellow Corn Tuna Salad Sandwich w/Lettuce & Tomato on a Hard Roll Fresh Fruit Non-fat & 1 % Milk	16 Spaghetti Pasta w/ Meat Sauce Broccoli Florets Garlic Bread Grilled Beef Pepperoni & Cheese Sandwich on W.W. Bread Fresh Fruit Non-fat & 1 % Milk	17 Margarita Pizza w/Sliced Tomatoes, Garlic and Fresh Basil or Cheese Pizza Carrot Sticks w/Ranch Dip Sliced Turkey & Cheese on a Pretzel Roll Fresh Fruit Non-fat & 1 % Milk
20 School Closed Diwali	21 <i>Deconstructed</i> <i>Taco Bowl</i> w/Soft Tortilla, Ground Beef, Lettuce & Tomato, Black Beans, Shredded Cheese, Guacamole, Sour Cream, Salsa Yellow Rice & Beans Mexican-blend Vegetables Turkey/Ham & Cheddar Cheese w/Lettuce & Tomato on Rye Bread Fresh Fruit Non-fat & 1 % Milk	22 Shredded BBQ Chicken on a Bun Yellow Corn Coleslaw Grilled Cheese Sandwich on Whole Wheat Bread Fresh Fruit Non-fat & 1 % Milk	23 Ziti Pasta w/Homemade Alfredo Sauce Grilled Chicken Strips Broccoli Florets Smokey Chicken w/Cheddar Cheese on a Hard Roll Fresh Fruit Non-fat & 1 % Milk	24 * Chicken Wing Bar * Bone in and Boneless Chili w/Fries Regular Fries Carrot & Celery Sticks w/Ranch Dressing Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk
27 Beef Meatball Subs w/Shredded Mozzarella Cheese on a W.W. Club Roll Yellow Corn Turkey/Ham, Cheese Lettuce & Tomato on a W.W. Ciabatta Roll Fresh Fruit Non-fat & 1 % Milk	28 Chicken & Vegetable Stir-fry Lo Mein Noodles Broccoli Florets Turkey Melt w/Cheddar Cheese a Pita Fresh Fruit Non-fat & 1 % Milk	29 Breaded Fish Fillet Macaroni & Cheese Green Peas Cuban-style Sandwich w/Turkey/Ham, Swiss Cheese on a Ciabatta Roll Fresh Fruit Non-fat & 1 % Milk	30 Honey-glazed Chicken Legs Potato Wedges Seasoned Pink Beans Spicy Chicken w/Mozzarella Cheese & Avocado Slice on a Hard Roll Fresh Fruit Non-fat & 1 % Milk	31 <u>Happy Halloween!</u> Pepperoni Pizza or Cheese Pizza Carrot Sticks w/Ranch Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat & 1 % Milk 11:30 AM Early Dismissal

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