

Have a
Great Day!

Bronx Academy of Promise

Breakfast Menu

January 2025

Meal Includes:

Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year 2025	2 Turkey Sausage, Egg & Cheese on a W. W. Roll Hot Cream of Wheat w/Bananas Fresh Fruit Non-fat & 1 % Milk	3 Belgian Waffles w/ Syrup & Strawberries Turkey Bacon Strip Sesame Seed Bagel w/Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk
6 Scrambled Egg Hash Brown Potatoes Turkey Bacon Whole Wheat Toast Cinnamon Raisin Bagel w/ Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	7 Hot Cream of Wheat Cereal w/Blueberries Breakfast Burrito w/Sausage, Egg & Salsa in a Whole Wheat Tortilla Fresh Fruit Non-fat & 1 % Milk	8 Crepes w/Fresh fruit Turkey Bacon Hot Oatmeal w/ Peaches Fresh Fruit Non-fat & 1 % Milk	9 Turkey/Ham & Cheese Frittata Whole Wheat Toast Mixed Berry Parfait w/Fruit & Granola Fresh Fruit Non-fat & 1 % Milk	10 Turkey Sausage, Egg & Cheese on an English Muffin Blueberry Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk
13 Western Scrambled Egg in Pita Bread Sesame Bagel w/Cream Cheese Fresh Fruit Non-fat & 1 % Milk	14 Grated Apple Pancakes w/Syrup Hard Boiled Egg Plain Bagel w/Cream Cheese Fresh Fruit Non-fat & 1 % Milk	15 Turkey/Ham, Egg & Cheese on a Hard Roll Everything Bagel w/Cream Cheese Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	16 Texas Bread French Toast w/Syrup Turkey Sausage Link Warm Apple Muffin String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	17 Cheesy Scrambled Egg w/Home Fries Turkey Bacon Whole Wheat Toast Hot Cream of Wheat Cereal w/Blueberries Fresh Fruit Non-fat & 1 % Milk
20 School Closed Dr. Martin Luther King Jr. Day	21 Turkey Bacon, Egg & Cheese on a Plain Bagel Plain Bagel w/Cream Cheese Fresh Fruit Non-fat & 1 % Milk	22 Spanish Scrambled Egg w/Sausage Hash Browns Whole Wheat Biscuit Cinnamon Raisin Bagel w/ Cream Cheese Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk	23 Turkey/Ham & Cheese Omelet W.W. Croissant Banana Bread String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	24 Texas Bread French Toast w/Maple Syrup Turkey Bacon Strip Blueberry Muffin Flavored Yogurt Fresh Fruit Non-fat & 1 % Milk
27 Turkey Sausage, Egg & Cheese on a Hard Roll Blueberry & Pineapple Yogurt Parfait w/Granola Fresh Fruit Non-fat & 1 % Milk	28 Cheesy Scrambled Egg Beef Kielbasa Whole Wheat Toast Hot Cream of Wheat w/Cinnamon & Raisins Fresh Fruit Non-fat & 1 % Milk	29 School Closed Lunar New Year	30 Belgian Waffles w/Syrup Turkey Bacon Strip Everything Bagel w/Cream Cheese String Cheese Stick Fresh Fruit Non-fat & 1 % Milk	31 Fried Egg Sausage Link Hash Brown Potatoes W.W. Biscuit Grilled Cheese Sandwich Hot Chocolate Fresh Fruit Non-fat & 1 % Milk

Water available at every meal
This institution is an equal opportunity provider.

Have a Great Day!

Bronx Academy of Promise
Lunch Menu
January 2025

Meal Includes: Meat/Meal Alternate, Grains, Fruit and Milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year 2025	2 Banquet Fried Chicken Curly Fries Garlic-glazed Green Beans Crispy Chicken Wrap w/Lettuce & Tomato Fresh Fruit Non-fat& 1% Milk	3 BBQ Chicken Pizza or Cheese Pizza Carrot Sticks w/Dip Sun Butter & Jelly Sandwich on W.W. Bread Fresh or Cupped Fruit Non-fat & 1% Milk
6 Grilled Chicken Breast w/Mozzarella & /Lettuce & Tomato on a W.W. Roll Wedge Potatoes Beef Corn Dogs Wedge Potatoes Fresh Fruit Non-fat& 1% Milk	7 Neighborhood Favorite Arroz con pollo Sweet Plantains Latin-style Beans Italian Sub Sandwich w/Turkey Breast, Ham, Provolone Cheese, Lettuce & Tomato Fresh Fruit Non-fat & 1% Milk	8 Chicken Parmesan w/Mozzarella Cheese Spaghetti Pasta w/Marinara Sauce Garlic-glazed Broccoli Turkey/Ham & Swiss on a Croissant Fresh Fruit Non-fat& 1% Milk	9 Comfort Food Savory Beef Meatloaf Garlic-Mashed Potatoes Beef Gravy Roasted Carrots Dinner Roll Grilled Cheese Sandwich on W.W. Bread Creamy Tomato Soup Fresh Fruit Non-fat& 1% Milk	10 ***Wing Bar **** Bone in and Boneless Chicken Wings Chili w/Fries Carrot & Celery Sticks w/Ranch Dressing Dip Sun Butter and Jelly Sandwich Fresh Fruit Non-fat& 1% Milk
13 Cheese Stuffed Shells w/Meat Sauce Sautéed Spinach Garlic Bread Cuban-style Sandwich w/Turkey/Ham, Swiss Cheese on a Ciabatta Roll Fresh Fruit Non-fat& 1% Milk	14 Fish Fillet on a Bun w/Tartar Sauce Crispy Fries Roasted Cauliflower Pastrami Reuben w/Coleslaw on Rye Bread Fresh or Cupped Fruit Non-fat& 1% Milk	15 BBQ Chicken Macaroni Cheese Seasoned Corn Turkey/Ham & Cheese w/Lettuce & Tomatoes on a W.W Bread Fresh Fruit Non-fat& 1% Milk	16 Italian Favorites Beef & Cheese Lasagna Vegetable Lasagna Sautéed Broccoli Garlic Bread Fresh Mozzarella, Tomato & Pesto Panini Fresh Fruit Non-fat& 1% Milk	17 Cheeseburger Pizza or Hawaiian Pizza or Cheese Pizza Carrot Sticks w/Dip Sun Butter & Jelly Sandwich on W.W. Bread Fresh Fruit Non-fat& 1% Milk
20 School Closed Dr. Martin Luther King Jr, Day	21 Mexican Favorites Chicken Fajitas w/Onions & Peppers in a Warm Flour Tortilla Black Beans Mexican Rice Spicy Chicken on W.W. w/Lettuce & Tomato Club Roll Chicken Tortilla Soup Fresh Fruit Non-fat& 1% Milk	22 Meatball Sub w Mozzarella Cheese on a W.W. Club Roll Caesar Salad w/Dressing Tuna Salad Sandwich w/Lettuce & Tomato on W.W. Bread Fresh Fruit Non-fat& 1% Milk	28 Rotisserie Chicken Rice Pilaf Broccoli Florets Chicken Patty Sandwich w/Lettuce & Tomato on a Hard Roll Butternut Squash Soup Fresh Fruit Non-fat& 1% Milk	24 Meat lovers Pizza or Cheese Pizza Carrot Sticks w/Dip Sun Butter and Jelly Sandwich on W.W. Bread Fresh Fruit Non-fat& 1% Milk
27 Baked Ziti w/Ground Beef Meat Sauce Sauteed Spinach Garlic Bread Philly Cheese Steak Sandwich on a W.W. Club Roll Fresh Fruit Non-fat& 1% Milk	28 Happy Lunar New Year Chicken & Broccoli Stir-fry White Rice Sweet Yellow Corn Ramen Noodle Chicken Soup Sticky Bun Fresh Fruit Non-fat& 1% Milk	29 School Closed Lunar New Year	30 Greek Choices Greek-style Baked Chicken Roasted Mediterranean Potatoes Spanakopita Chicken Gyro on a Pita w/ Lettuce & Tomato and Tzatziki Sauce Fresh Fruit Non-fat& 1% Milk	31 Personal Cheese Pizza Carrots Sticks w/Ranch Dip Sun Butter and Jelly Sandwich on W.W. Bread Fresh Fruit Non-fat& 1% Milk 11:30 AM Dismissal

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